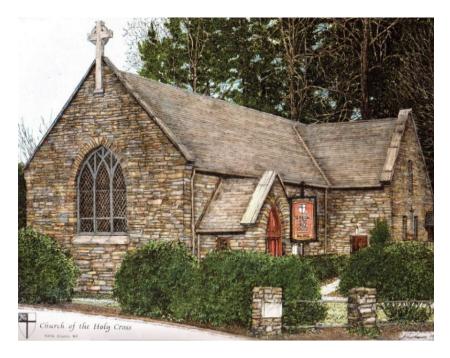
The Church of the Holy Cross Valle Crucis, North Carolina



The Episcopal Church in the Vale of the Cross Since 1842

The Fourth Sunday After the Epiphany January 28, 2024

Holy Eucharist, Rite II 8:30 AM and 11:00 AM

The Hymnody and Music noted in this leaflet is offered at the 11 AM service only.

Welcome Home to Holy Cross!

It is our privilege to worship with you this morning! Please know that all baptized Christians regardless of Church denomination, and all who seek a deeper knowledge and love of God in Christ are most welcome to receive the bread and wine of the Holy Eucharist.

Children are most welcome and encouraged to participate in all services at Holy Cross. Rocking chairs have been provided for caregivers with infants.

If this is your first time at Holy Cross, please complete a *Visitor Card* and let us know about your visit, especially if you have a specific need or prayer request. Visitor Cards are found in the pew racks. If you would like additional information about our many ministries and activities, speak to one of our Ushers or Greeters, or stop by Skiles Hall during the fellowship hour that follows each service. We would be happy to speak with you in person.

If you would like to make a financial offering or contribution, you can do so by scanning this QR Code or via our website at www.holycrossvallecrucis.net



Again, Welcome Home to Holy Cross! And may God's peace enfold you.

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It is the custom in The Episcopal Church to prepare for worship by gathering in reverent silence and prayer, and during the worship service, stand for praise, sit for instruction, and, as you are able, kneel for prayer. Please respect the devotional needs of others by turning off cellular telephones and electronic devices, and by speaking with hushed voices.

Holy Eucharist, Rite II The Word of God

Prelude: "Variations on 'Dear Christians, One and All" Johann M. Bach

Greetings and Announcements

Pages 15-18

The Processional Hymn: #371 "Thou, Whose Almighty Word"

Moscow

Opening Acclamation:

BCP 355

Priest: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be God's kingdom, now and for ever. Amen.

The Collect for Purity:

BCP 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Response: (Canticle 13)

Canticle 13) "A Song of Praise"

BCP 90

(Spoken at 8:30 am. Sung at 11:00 am as #<u>S-236</u>)

Glory to you, Lord God of our fathers; you are worthy of praise; glory to you.

- Glory to you for the radiance of your holy Name; we will praise you and highly exalt you for ever.
- Glory to you in the splendor of your temple; * on the throne of your majesty, glory to you.
- Glory to you, seated between the Cherubim; * we will praise you and highly exalt you for ever.
- Glory to you, beholding the depths; * in the high vault of heaven, glory to you.
- Glory to you, Father, Son, and Holy Spirit; * we will praise you and highly exalt you for ever.

The Collect of the Day:

The Lord be with you.

People: And also with you.

Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People: Amen.

(The people are <u>seated</u> for the readings from Scripture.)

The First Lesson:

Deuteronomy 18:15-20

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader: The Word of the Lord. *People:* Thanks be to God.

(Time for silent reflection follows the reading.)

The Response follows as printed on the next page.

(Prayed responsively at 8:30 as noted in **bold** type; Sung at 11:00)



- Hallelujah!
 I will give thanks to the LORD with my whole / heart, * in the assembly of the upright, in the congre-/gation.
- Great are the deeds of the / LORD! * they are studied by all who de-/light in them.
- His work is full of majesty and / splendor, * and his righteousness endures for / ever.
- He makes his marvelous works to be re-/membered; * the LORD is gracious and full of com-/passion.
- He gives food to those who / fear him; he is ever mindful of his / covenant.
- 6 He has shown his people the power of his / works * in giving them the lands of the / nations.
- The works of his hands are faithfulness and / justice; * all his commandments are / sure.
- They stand fast for ever and / ever, * because they are done in truth and / equity.
- He sent redemption to his people; he commanded his covenant for / ever; * holy and awesome is his / Name.
- The fear of the LORD is the beginning of / wisdom; * those who act accordingly have a good understanding; his praise endures for / ever.

The Second Lesson:

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords--yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader: The Word of the Lord. *People:* Thanks be to God.

(Time for silent reflection follows the reading.)

The Gradual Hymn: #493 "O For a Thousand Tongues to Sing"

Azmon

The Holy Gospel:

Mark 1:21-28

The Holy Gospel of our Lord Jesus Christ according to Mark. *People:* Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God."

But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

People: Praise to you, Lord Christ.

The Sermon:

The Rev. R. Allan McCaslin

A time of silence follows the Sermon. Please remain seated until the Altar Ministers stand.

The Nicene Creed:

BCP 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

Continued...

7

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

All kneel for the prayers as they are able.

The Prayers of the People:

Form VI

BCP 392

Leader: In peace, we pray to you, Lord God.

Silence is kept.

Leader: For all people in their daily life and work;

People: For our families, friends, and neighbors, and for those who are alone.

Leader: For Joseph, our President; for Roy, our Governor; for all elected officials; for

this community, the nation, and the world;

People: For all who work for justice, freedom, and peace.

Leader: For the just and proper use of your creation;

People: For the victims of hunger, fear, injustice, and oppression.

Leader: We pray for those who have asked for prayers, for those in harm's way, for the

unemployed, the lonely, for those who are sick, or in need, and those whom we

name aloud at this time:

The People speak the names of those on their hearts.

The Leader concludes saying,

Leader: For all who are in danger, sorrow, or any kind of trouble;

People: For those who minister to the sick, the friendless, and the needy.

Leader: In the Anglican Cycle of Prayer, we pray for the Anglican Church of Southern

Africa.

In the Diocesan Cycle of Prayer, we pray for St. Peter by the Lake, Denver.

Leader: For the peace and unity of the Church of God;

People: For all who proclaim the Gospel, and all who seek the Truth.

Leader: For Justin, the Archbishop of Canterbury, Michael our Presiding Bishop, José,

our Bishop: and for all bishops and other ministers;

People: For all who serve God in his Church.

Leader: For the special needs and concerns of this congregation.

We pray for the peace of Jerusalem and for an end to the war and human suffering throughout the Middle East and the Ukraine.

We pray for those who travel this week, (especially) ______.

We pray for the grace to demonstrate in our words and deeds the Five Marks of Mission of the Anglican Communion, especially "To teach, baptise and nurture new believers."

I invite your prayers of intercession either silently or aloud.

The People add their own petitions.

Leader: Hear us, Lord;

People: For your mercy is great.

Leader: We thank you, Lord, for all the blessings of this life.

Leader: We give thanks for Jeff Williams, Catherine Morton, Jaidyn Toomey, Chris

Gray, Cornelia Smithwick, Babette McAuliffe, Fred Martin, Megan Page, Brady Myers, Kip Kingree, Anna Boswell, and all who celebrate birthdays this week; and for Robert & Jennifer Henigin, Walter & Barbara Pitts, and all who

celebrate wedding anniversaries.

We give thanks for those who serve on the *Parish Breakfast Crews*, and for all the ministries and activities of this parish, and pray God's continued blessing on all who partake of, or serve in them.

I invite your prayers of thanksgiving either silently or aloud.

The People add their own thanksgivings.

Leader: We will exalt you, O God our King;

People: And praise your Name for ever and ever.

Leader: We pray for ______, (and) all who have died, that they may have a place

in your eternal kingdom.

Leader: Lord, let your loving-kindness be upon them;

People: Who put their trust in you.

Leader: We pray to you also for the forgiveness of our sins.

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord.

Amen.

The Absolution:

Almighty God have mercy on you, forgive (†) you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit, keep you in eternal life.

People: Amen.

Dedication of a Chasuble

(From The Book of Occasional Services, 2018)

Antiphon

You shall make holy garments for Aaron, for glory and for beauty.

- V. Clothe your ministers with righteousness:
- R. Let your people sing with joy.

Let us pray.

O God, you revealed your Son clothed in majesty and glory: Accept this Chasuble for the use of the clergy of your Church, that, being clothed with humility as they minister to you, they may show forth his eternal splendor; through Jesus Christ our Lord.

People: Amen.

All stand.

The Peace:

The peace of the Lord be always with you.

People: And also with you.

The people greet one another in the Name of the Lord.

The Birthday and Anniversary Prayer:

Watch over your child(ren) O Lord, as *their* days increase.

Bless and guide them wherever they may be.

Strengthen them when they stand.

Comfort them when discouraged or sorrowful.

Raise them up if they fall.

And in *their* heart(s) may your peace which passes understanding, abide with *them* all the days of *their* lives; through Jesus Christ, Our Lord, Amen.

Concerning The Holy Communion

Instructions on receiving Communion are now presented.

The Holy Communion

The Offertory Anthem: "The Goodness of God" *Macy Crumley, soprano*

C.P.E. Bach

Presentation Hymn: #43 "All Praise to Thee, My God"

Tallis' Canon

(vs. 4 only)

Praise God, from whom all blessings flow

Praise him, all creatures here below Praise him above, ye heavenly host Praise Father, Son and Holy Ghost.

> The Great Thanksgiving Eucharistic Prayer C

BCP 369

The Sursum Corda:

Priest: The Lord be with you. *People:* And also with you.

Priest: Lift up your hearts.

People: We lift them to the Lord.

Priest: Let us give thanks to the Lord our God. *People:* It is right to give God thanks and praise.

Continued...

Priest: God of all power, Ruler of the Universe, you are worthy of glory and praise.

People: Glory to you for ever and ever.

Priest: At your command all things came to be: the vast expanse of interstellar

space, galaxies, suns, the planets in their courses, and this fragile earth, our

island home.

People: By your will they were created and have their being.

Priest: From the primal elements you brought forth the human race, and blessed us

with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one

another.

People: Have mercy, Lord, for we are sinners in your sight.

Priest: Again and again, you called us to return. Through prophets and sages you

revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom

and peace.

People: By his blood, he reconciled us.

By his wounds, we are healed.

Priest: And therefore we praise you, joining with the heavenly chorus, with prophets,

apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Sanctus: #<u>S-124</u>

Holy, Holy, Holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

(All <u>kneel</u> as they are able)

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify (†) them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People: We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers and Mothers: God of Abraham and Sarah, Isaac and Rebecca, and Jacob and Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People: Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

People: AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer:

BCP 364

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

The Breaking of the Bread: (The Fraction)

The Priest breaks the consecrated bread.

A period of silence is kept.

Alleluia! Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia!

The Fraction Anthem:

#<u>S-154</u>

The Priest invites the people to Communion saying,

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Please come to the Altar to receive Communion. At the Altar Rail move toward either wall so that those in the center will kneel last. Please wait to be dismissed; those in the center depart first.

Hymns during the Communion:

#339 "Deck Thyself, My Soul, with Gladness" #670 "Lord, Forever at Thy Side"

An extended time for silent prayer and reflection precedes and follows each communion hymn.

When all have communed, the following hymn is sung.

Kneeling Hymn:

"Confitemini Domino"

Taizé 28

Sung four times in language of choice



An additional time for silent prayer and reflection precedes the prayer on the following page.

The Post-communion Prayer:

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord.

Amen.

All stand.

The Blessing in the Season of the Epiphany:

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world;

And the blessing (†) of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

People: Amen.

The Dismissal:

Priest: Alleluia. Alleluia! Go in peace to love and serve the Lord.

People: Thanks be to God. Alleluia. Alleluia!

Processional Hymn: #539 "O Zion Haste, Thy Mission High Fulfilling" Tidings

Postlude: "O Zion, Haste" Mark Sedio

Joyful thanks to Macy Crumley for singing today's Offertory Anthem.

The green silk damask Chasuble and Stole are offered to the Greater Glory of God and in honor of Father Allan's ministry by Leslie Trevathan and Mark Ritch

We thank those who served this morning

11.00 am

	0.30 alli	11.00 am
Greeters/Oblationers:	The Toomey Family	Darby Logan & Karla Prudhomme
Ushers:	The Toomey Family	Darby Logan & Karla Prudhomme
Lector:	Jane Blackburn	Katerina Whitley
Prayers of the People:	Jane Blackburn	Katerina Whitley
Chalice:	Sis Kinney	John Goodrich & Ann Iles
Acolytes:	Sis Kinney	Ann Iles

8.30 am

ANNOUNCEMENTS

TODAY, SUNDAY, JANUARY 28, 2024 The Fourth Sunday After the Epiphany

8:30 am	Holy Eucharist, Rite II, at Holy Cross (quiet service with no music)		
9:30 am	Fellowship time in Skiles Hall		
9:45 am	Adult Christian Education: Ecclesiastes Bible Study		
11:00 am	Holy Eucharist, Rite II, at Holy Cross (with music and hymnody)		
	(This service is Live-Streamed via our YouTube Channel)		
12:00 pm	Fellowship time in Skiles Hall		

ADULT CHRISTIAN EDUCATION SERIES (ACE) Sunday Morning at 9:45 am (Upper Skiles Hall) January 28, 2024

Today marks the conclusion of our 3-part series of ongoing Christian Formation featuring an in-depth study of the Book of Ecclesiastes.

Part 1 (January 14) offered an overview of Ecclesiastes: its History, Authorship, Time period, etc. In Parts 2 and 3 (today) we will explore its message and conclusion, and how such applies to our lives today. All are encouraged to bring their preferred translation of the Bible with them to these sessions.

NEXT SUNDAY, FEBRUARY 4, 2024 The Fifth Sunday After the Epiphany

8:30 am	Holy Eucharist,	Rite II, at Holy	Cross (quiet	service with no music)
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9:30 am Parish Breakfast in Skiles Hall

11:00 am Holy Eucharist, Rite II, at Holy Cross (with music and hymnody)

(This service is Live-Streamed via our YouTube Channel)

12:00 pm Fellowship time in Skiles Hall

12:30 pm Scout Luncheon – Details to be announced

TUESDAY, FEBRUARY 6, 2023 Contemplative Taizé Service – 6pm

If the weather will behave, the February Contemplative Service will be held <u>February 6 at 6pm in the Chancel</u>. A time for sitting in God's presence, sharing prayer, music, and silence as we listen for and discern God's call to each of us. Please join us in the Chancel and invite a friend. For those joining the service by Zoom, please go to the parish website: https://holycrossvallecrucis.net/parish-news.

Due to the uncertainty of the weather in Winter, please check your email for any changes on the day of the service.

ECW-New Meeting Day and Time!

In 2024, ECW will meet on the <u>2nd Sunday of every month</u> in Skiles Hall at 12:45 pm, following the 11:00 am worship service and fellowship time.

Our first meeting will be February 11th. See you then!

Food Vender Opportunity for the 2024 Valle Country Fair

After 32 years (yes, 32 years!) of coordinating, cooking, staffing, and serving the Barbecue and Brunswick Stew Tent at the Valle Country Fair, Mike & Debbie have decided to "retire". (Why so early, I just don't know!) The October 19, 2024 VCF will be their last fair as "keepers" of the Barbecue & Brunswick Stew Tent.

Debbie & Mike want to help train their successors and for that we are truly thankful. They have been a wonderful asset to the Fair and to Holy Cross and we offer our thanks and praise for their stewardship and faithful service.

Now, that said, we need volunteers to be their successors. Please call Tav Gauss at 252-230-7341 or email him at tav@tavgauss.com if you would like to participate as part of the group who will take their place, or have a suggestion about who might volunteer in that regard. In the meantime, Thank you Debbie and Mike!

Tav, Tav Gauss, VCF 2023-2024 Chair

The Parish Prayer List: January 28, 2024

Please keep the following in your prayers this week:

For Healing: Our injured and disabled military personnel, our veterans, all civilians harmed in conflict, and for Dayton C., Laura B., Wendell S., Noyes L., Marilyn W., Gerry P., Shirley N., Rebecca M., Sam Y., Bill B., Gail T., Julia M., Charlie S., Carla M., Walter B., Randy M., John M., Dawn A., Shane B., Terry S., Claire M., Joe H., Seth Y., Sara P., Tav G., Terry W., Jody V., Patty D., Lynn V., Andrea M., Bonnie R., Adam H., Dick N., Jan S.,

For those in Harm's Way: All who serve with the armed forces at home & abroad, all who serve in the Peace Corps, and all health & relief workers throughout the world.

The Church of the Holy Cross

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> Email: holy_cross@skybest.com website: www.holycrossvallecrucis.net

Diocese of Western North Carolina

The Rt. Rev. José McLoughlin, Bishop

Clergy and Staff

The Rev. R. Allan McCaslin, Rector Elaine Kallestad, Choir Director/Organist Ahren Koenig, Parish Administrator

Vestry

Andrea McDonough (2024), Senior Warden Walter Browning (2024)

Patty Dilley (2024)

Craig Adams (2025)

Tav Gauss (2025)

Darby Logan (2025)

Doris Boulton (2026)

Terry Fulton (2026)

Angela Williams (2026)

Officers

Jan Skopecek, Treasurer Dedy Traver, Clerk
